

The OWL



May 2018

HHS Multicultural Festival By Sharmin Akther

Once again, Hudson Senior High School has brought back the Multicultural Festival ~ the festive program where students get to engage in new countries and the cultures they bring. There were also so many little bites of food to try at every country and it was just an adventure awaiting. This year, the Multicultural Club hosted the festival and members of the club, along with students of HHS, volunteered to run booths representing different countries at the festival. Not only was the festival a learning experience for those attending but also for those who learned a new culture when exploring which booths to host.

The day started ninth period with performances including many singing acts! Many countries from all over the world were represented. Cultures of Jamaica, Spain, Haiti, Mexico and more were shown to students and staff present. The outcome of participation was impressive! All booths were emptied out of food and drinks that were brought, such as the homemade Mexican Horchata iced drink and the South Korean handmade noodles. Students took many pictures of different poster board setups. We even had booth advisors dress up to represent the country they chose. Mrs. Bender represented South Korea with a traditional South Korean Hanbok dress and Mrs. Abitabile represented Bangladesh with a beautiful saree. Students and staff also had the chance to win gift card prizes for filling out passports. The students and staff had to go to every booth and take the passport that was handed out, and get it stamped from every country/booth they visited. Whoever visited the most countries and was engaged, had the chance to win prizes. Thank you to all those who came and especially to the students and staff who volunteered to help at the event and represent countries!

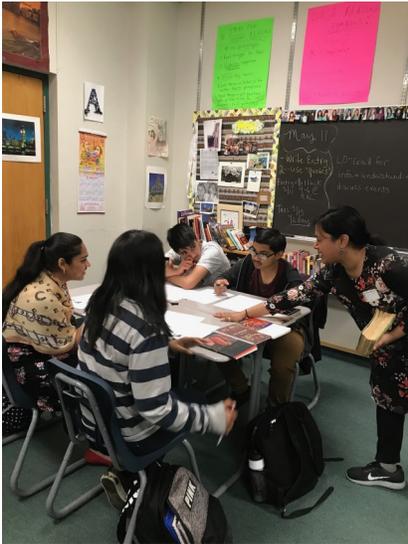


Poetry in the Classroom

By Annaliese Tampasis

Too often, language is viewed as a barrier rather than a bridge. Poetry illuminates language, bringing us together rather than driving us apart. It provides myriad opportunities for English language learners to embrace their diverse heritages, to explore English without fear of failure, and to build a sense of community within the classroom and beyond.

On Friday, May 11, the Hudson Area Library, through the Millay Colony, hosted its first Poetry and Potluck event. Poets Dave Johnson and Nadia Ahmed attended and helped students who needed additional support on how to fully express their artsy side and others who just wanted to learn more about poetry. To celebrate, there were vast amounts of foreign foods. Students recorded their thoughts on their stamp poems. The atmosphere was truly vibrant. Johnson and Ahmed also visited some high school classrooms to give a more intricate presentation on the different styles of poetry and how they are translated across languages.



Poetry and Potluck

By Saima Hannan

On Friday, May 11, poets Nadia Ahmad and Dave Johnson joined the Poetry and Potluck event at the Hudson Area Library! The event was held in the Community room from 4:00 to 6:00 pm. It was a relaxed evening of some poetry and a lot of food. Everyone seemed to have a great time and felt privileged to have two great poets right here in Hudson. The poets took time from their busy lives to talk to English classes and then to participate in the event. The event was sponsored by The Millay Colony for the Arts and funded in part by Hudson River Bank and Trust. If you were unable to make it this year, be sure to keep an eye out for next year's date!

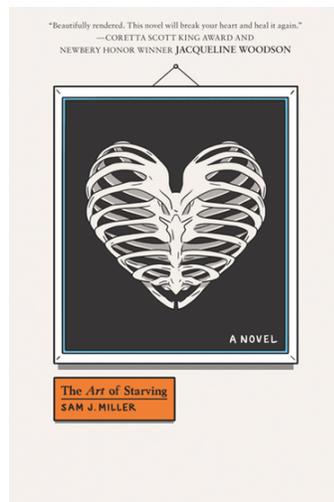


Book Festival By Saima Hannan

Hudson High school proudly holds the biggest book festival in the state. This year, on May 5, the 7th annual Children's Book Festival was held. People came from surrounding cities and towns. Children were eager to meet some of their favorite authors. A lot of the authors came from different states. Numerous authors were present, and two familiar faces were spotted in the crowd. News 10 ABC's John Grey and the Today Show's Al Roker had their own tables and just like all of the other authors, they autographed books and met a number of young readers. In the cafeteria, a variety of food was sold, and lunches were delivered to the authors. Just outside, cotton candy and popcorn were also sold and eventually sold out. Volunteers in blue shirts ran back and forth, helping to guide authors to their tables, deliver lunches, and point out restrooms. Once again, the event brought people together and put smiles on many faces. The annual book festival is definitely not something to miss out on. This was the tenth year that Hudson hosted this event and we hope there are many more Book Festivals in our future!

The Art of Starving, By Sam J. Miller By Mashuda Sultana

Sam J. Miller is an author who grew up in Hudson and graduated from Hudson High School. He is the author of four books. One of his book is called, *The Art of Starving*. When Sam J. Miller was a teenager, he had an eating disorder, which is where the title of the book came from. *The Art of Starving* was published on July 11, 2017. The book is about a boy named Matt, who is bullied by Tariq because of his sexuality. At one point, Matt's sister, Maya, disappeared. Matt continually starved himself. He believed that if he did not eat, he would gain the ability to find the truth; the truth of Maya and where she is. Will Matt be able to control his hunger for long? Will Matt find out the truth about Maya? Where is Maya? Is Tariq the one who kidnapped Maya? Well, in order to find out, you have to read it! This book was one of NPR's Best Book of the Year!!!



Youth Government Day 2018

By Hemel Debnath and Abida Begum

On Thursday, April 26, 2018, certain students from Hudson Senior High School were given the opportunity to spend a day at City Hall to observe the tasks and troubles one must overcome as a government official. The day began at 8:15 a.m, when the students who had agreed to partake in Youth Government Day with a signed letter of confirmation, waited near the school office. There, Mrs. Mosley--a local government official and the ultimate director of Youth Government Day-- prepared blue "Youth Government Day" shirts of various sizes, along with a van for students to ride in. After the preparation of the van and the shirts, students were instructed to put on a shirt that fit them and greet one another with handshakes. With the completion of the greeting and choosing of shirts, students then rode to City Hall. There, Mrs. Mosley handed out brochures on Youth Government Day and gave a quick run-down of the day's schedule. When the day's schedule was done being reviewed, students rose to take a tour of City Hall. Students were able to earn the privilege of touring the offices of the Mayor (a former president of Calvin Klein), the Mayor's assistant, the Common Council President, and the directors of various affairs within the city. When the tour came to a close, students walked to the Hudson Youth Center and had a scrumptious lunch of vegetarian and meat wraps, sandwiches, salads, and sodas. While eating lunch, students had the privilege of talking to new government officials they hadn't met before about the officials' careers. When lunch was finished, students rehearsed a mock Common Council Meeting by reading their parts in a script for the mock meeting. They then proceeded to City Hall where the mock Common Council Meeting started and finished in front of a large group of government officials as well as a large camera. Finally, all of the students said their goodbyes to those they met that day and rode back to the high school in the van. Overall, Youth Government Day is a special event that one should consider joining due to how much fun one can have in meeting government officials, eating a scrumptious lunch, and simply just spending a day out of school.

Watch the mock Common Council Meeting performed by the students of Youth Government Day.

https://www.youtube.com/watch?time_continue=538&v=4BSpUIDrCYk

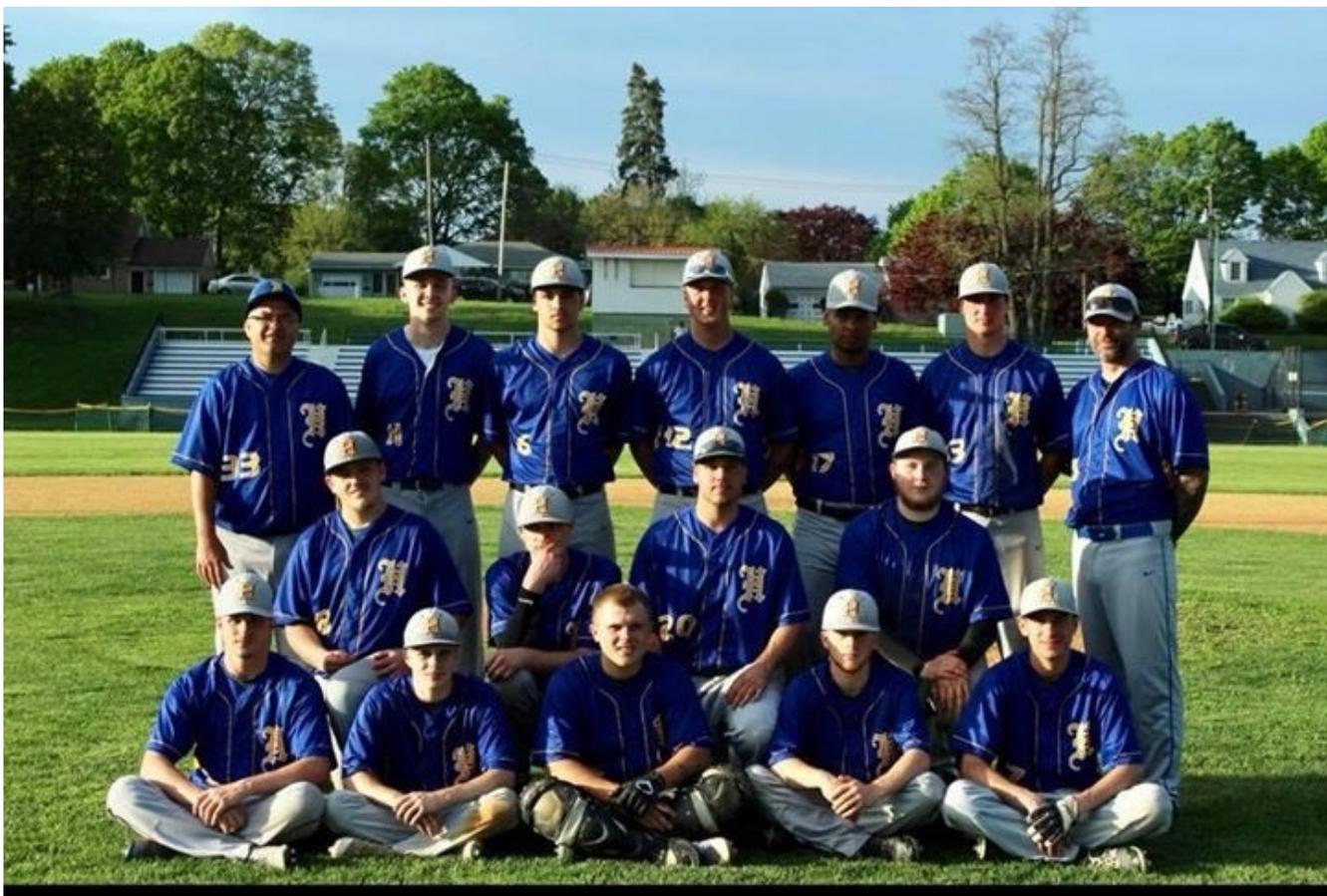


Boys' Varsity Tennis

By Osman Gofran

The Boys' Varsity Tennis season recently ended and it wasn't as bad as the team thought it would be. The team had very close losses and big wins against teams like Cairo-Durham, Coxsackie, Taconic Hills, Maple Hill, Waterford and Chatham. The team consisted of 12 players~ 5 singles players, 4 doubles players, and 2 exhibition/back up players. Everyone had an important role in getting each point, which counted towards the final overall score. The team had a fun time playing and giving their all out on the courts. The Boys' Varsity Tennis team also went to Patroons and team sectionals last week. Hudson brought 2 single players and 2 doubles teams for Patroons, where they met their match. Through good and hard times, the team stayed together and grew closer. Whether in the bus rides to away games or at McDonalds for rest stops, the team always stayed positive and had a great time. Shout out to Coach Qua for all his hard work throughout the season and for helping the team improve dramatically. Go Bluehawks!

Congratulations to the Boys' Varsity Baseball team and Coach Bowes! They are the 2018 Patroon Conference winners, with a record of 16-3!



Track and Field Patroon Conference

By Byonte Jones

On May 16, Hudson held the Track and Field Patroon Conference on our brand new track. There were thirteen girls' teams and twelve boys' teams. The event lasted from 4:00pm to 9:30pm, with a compilation of thirty events. For the first time in history, we had a girl pole vaulting team participate in the conference. Our very own, Noah Taylor, placed first in the 400 meter hurdles. Armon Khalek, Ibrahim Malik, Neil Mingua, and Ahmed Mufti placed first in the Frosh 4x100 meter relay. In the boys' Frosh 4x400 meter relay, Zakhariah Chowdhury, Christopher Fenderson, Jahid Hasan, and Pierre Jeune placed first. The girls' 4x100 meter relay placed fourth. The team consisted of : Cinnamon Gray, Keesha Woods, Choumahya Box, and Rylee Brown. In the girls' 4x100 meter Frosh relay, Hudson's team consisted of: Jada Lewis, Marie Box, Theodora Avradmadis, and Melina Juene. Tayjul Tonmoy placed third in the boys' 200 meter dash and in the 400 meter dash. This was one of the biggest events Hudson held all year! Hudson's girls' team placed 9th overall in the patroon conference and the boys' placed 5th overall.

Boat Race Fun



Students on the Run Recipes: Chunky Monkey Milkshake

By Sharmin Akther

The online website, www.greatist.com, has brought up the healthy and easy, Chunky Monkey Milkshake! The quick recipe uses 4 simple ingredients. The shake consists of 15 grams of protein and tastes great, while also helping you get your protein in! A shake to take on the go for the morning, middle of the day, or even after a workout. No crazy additives, just all friendly ingredients.

Ingredients:

1. Half a banana
2. 1 tablespoon of peanut butter
3. 1 cup of low fat chocolate milk
4. 1 cup of ice

Directions:

1. Put all the ingredients into a blender and BLEND!
2. Serve with topping of your choice :)



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